

Practising Patience

You will need:

Some paper or card cut into leaf or flower shapes.
Some green wool, string or equivalent.
Clothes pegs.

Put up your string somewhere in the house where you can watch it 'grow'.

During the week, you may encounter times when you each need patience.

Stop and pause. Take a leaf and as you peg it to your string, ask God to help you to be more patient.

Perhaps add a flower for a time when you know you have been patient.

