



Picture 1: COURAGE

We have self-belief to embrace new challenges and to stand up for what is right.



Matthew 8: 23 –27 **Jesus Calms the Storm**

You can hear the story read [here](#)

This is a story about something amazing that Jesus did. It is called a **miracle**.

It must have been pretty scary on the boat in the storm. The friends were terrified. But Jesus has the power to stop the wind and the waves. Jesus' friends had been so scared, they had only seen the big waves. They had forgotten that if Jesus was with them, then they could have courage to face the storm, no matter how small their boat.

We can have **courage**, not because we are necessarily strong or powerful, but because Jesus is, and he is always with us.

What might you need courage for at the moment?

Remember that Jesus is with you and can give you the courage you need.

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